Report of Foundation course organized during 8-31 August 2014 for MBBS I Year 2014-15

As per the recommendations of Academic committee of AIIMS Bhopal, foundation course for first year medical students of 2014 batch held during 8-31 August 14 with following objectives:

Foundation course for MBBS 2014-15

Foundation course of four weeks duration has been mandated by Academic committee of AIIMS Bhopal. The objectives of the foundation course are:

A) To sensitize students towards various aspects of medical education that form foundation for a successful medical career which include:

Ethical issues in medical practice, concepts of health, disease, environment and comprehensive overview of our healthcare delivery system, Familiarization with functioning of our health care system, Objectives of MBBS Course and modes and methods of assessment, Time management, stress management, teaching and learning techniques, Common psychosocial issues and stress encountered by medical students and how to cope, Importance of proper communication developing communication skills in medical practice, Teach basic life support techniques to medical students, Evolution of medical knowledge over time, Online resources & use of library, Research - need of finding creative solutions for medical problems and familiarize them on why and how to do research, General concepts of biological hazards and their prevention, Indian system of Medicine, Language skills, Leading a healthy lifestyle, Importance of Balanced nutrition and how it influences health, Basic medical sciences

B) Provide platform to develop camaraderie and discover talents of students by engagement in sports, debate, and other co-curricular activities.
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<th>No.</th>
<th>Title of the Activities/events</th>
<th>Highlight of the event</th>
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| 1   | Guest lectures                | expectations of society from medical professionals – By Mrs Kakoli Roy, Clinical psychologist, Member Ethics committee BMHRC Bhopal  
In addition, the event will cover the topic of Indian system of medicine and Homeopathy – By Dr Nishanth Nambison, Govt Homeopathic Medical College Bhopal |
| 2   | Lectures                      | Value of Professionalism and Ethics in Medicine  
Health and Disease  
Health care Delivery system  
Environmental issues related to health  
Overview of MBBS course  
Assessment and evaluation  
Psyco-social issues and stress management in medical students  
Communication skills  
Doctor patient communication  
History of Medicine and Evolution of medical knowledge  
Online resources and e-learning in medicine  
Why Research?  
Bio hazards & safety measures  
How to lead a healthy lifestyle  
Nutrition and health  
Value of Professionalism and Ethics in Medicine  
Orientation to basic medical sciences |
| 3   | Visits                         | Community visit - Urban Health Centre  
Community visit - Primary health centre  
Telemedicine centre AIIMS Bhopal  
4 Hospital rotations – observer ship to different OPDs |
| 4   | Group activities               | Learning techniques and time management in Professional course  
Group work on communication skills  
Basic life support skills  
Digital learning  
Use of library  
How to do research – STS projects  
Framework for leadership, Hands on training in good laboratory practices  
Social, public health messages |
| 5   | Co-curricular                  | Essay competition - Appropriateness of current system of admission to medical institutes and suggestions for reforms.  
Debate competition –  
English debate- Brain Drain is rather mutual gain in a globalized society.  
Hindi Debate: Bharat kibhashaivividhtakekaranyavasyayikshaksahmeinangrezhimadhaya m hi vyavharikhai.  
Sports day – Table tennis- Men/ Women singles and doubles |
Guest Lecture on AYUSH during foundation course
Students presenting their views on communication skills

Sport is an integral part of professional education

Busy in a group task on writing public health messages