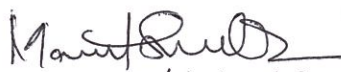


**TOPICS OF SPEAKERS ON INTERNATIONAL DAY YOGA CELEBRATIONS AT AIIMS BHOPAL 2018**

S No.	Date	Time	Topic	Venue	Speaker	Organization
1	15 June	1100-1200 hrs Friday	Stress Management	LT-3 Medical College Building	Dr Vinay Mishra	Bhopal School of Social Sciences
2	15 June	1200 -1300hrs Friday	Roadway Map to Mental Well being	LT-3 Medical College Building	Dr Lata	SVYASA
3	<b>16 June on HOLIDAY</b>	<b>10-11 hrs Saturday</b>	<b>Yoga Practice for Families of Faculty , Officers and Staff, Students</b>	<b>AYUSH</b>	<b>Organizing Committee</b>	<b>AIIMS</b>
4	18 June	8:00-9:00 hrs Monday	<b>Common Yoga Protocol for Faculty and Officers</b>	AYUSH	Dr Shweta Mishra	AYUSH Yoga Instructor
5	18 June	1100-1200 hrs Monday	The Art of Healthy Living	LT-3 Medical College Building	BK's Hema, Sakshi, Amit Kumar, Dhruv	Brahmakumari
6	20 June	8:00-10:00hrs Wednesday	Yoga Practice Session	AYUSH	M. Shahid	Art of Living
7	<b>21June</b>	<b>9:00-11:00 hrs Thursday</b>	<b>Guided Meditation</b>  <b>INTERNATIONAL YOGA DAY</b>  <b>(PRIME EVENT)</b>	<b>AYUSH</b>	<b>YSS Representatives</b>	<b>Yogoda Satsanga Society of India- International icon for Yoga day- Sri Sri Paramhansa Yogananda</b>
8	21June	11:00 hrs onwards	Ayurveda and Wellness , Ayurveda and Misconceptions	AYUSH	Sajith Verma	Nagarjuna Ayurved
9	21June		Whatsapp Life Status	AYUSH	Dr. Mangala K	Art of Living
10	21 June	13.00 hrs	VALEDICTORY	AYUSH	Dignitaries	AIIMS

**7-8 AM Common Yoga Protocol (CYP) is being conducted every day at AYUSH**

  
8/6/2018

Medical Superintendent/ चिकित्सा अधीक्षक  
All India Institute of Medical Sciences Bhopal  
अखिल भारतीय आर्युविज्ञान संस्थान भोपाल  
Saket Nagar, Bhopal-462020/साकेत नगर, भोपाल-462020